Nutrislice Menu Allergen Filter & Carb Count Instructions



Go to Nutrislice to view and filter menus. You can use the link in Quick Links on the main MJSD Page or use the mobile Nutrislice application on your smart phone.





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Click to choose your school from the Menasha JSD main Nutrislice menu page.

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Menasha Joint School District



Click on the meal you would like to see the menu for. You can choose different dates if needed.



Click on the filter function to filter out specific allergens in the chosen menu.

Menasha Joint School Dis	StriCt ৰ Menasha High Scho	ool					≞
	Lunch Breakfast	Lunch	xpress Deli - Preorder)			🗐 Filters 🗐 Carb Courts 🖨 Print	
	Express Deli - Preorder Want to spend more tin Preorder your lunches, your order! Order before 8:50 a.m. You can even order the	r Perks! me talking with friends and les using the "Express Deli - Preo and your lunch will be waiting day before!	es time getting lunch? PREC rder" tab above and you car g for you to pick it up at lunc	DRDER YOUR LUNCH and ge n skip the wait! You do not h h! The Express Deli - Preord	et it FAST! have to go through the cashier stati der station is right beside the Deli.	on because we have already entered	
	Free Breakfast, Free Lu Breakfast, Lunch and D All students need to go	unch, Free Dinner hinner are free to ALL students hthrough the cashier line but t	s! here is no charge.				
	Monthly	2 Tue	≪ April ≫ 3 Wed	> 4 Thu	5 Fri	REVOLUTION NOODLE DATA DATA DATA DATA DATA DATA DATA DATA	
	Create	Create	Create	Create	Create	Thursday, April 18 th	



Click on the allergen to highlight.



Items crossed out in red have the flagged allergen ingredient.





Find the items you need, print the report or look at different weeks.

Print carb counts

CARBOHYDRATES

Find t	ne items you need, pin	it the repor		umerent
	■ View alpha	betically Prev W	Veek Next Week >	Print carb co
	Carbohydrate Menasha High School,	Counts	us, April 7 - A	April 13
	PLEASE NOTE: Carbohydrate counts are b provider's recipes and may vary due to prod whose behalf you are using this tool) have a consuming any food at your dining location.	ased on information obta uct substitutions and/or r medical condition, pleas	ined from manufacturer ecipe variations. If you (e check the manufacture	s and your food or any individual on er label before
	Monday Apr 8	SERVING SIZE	FIBER	CARBOHYDRAT
	Chicken Tenders	3.00000000 0000006245 0045135 piece	3 grams	16 grams
	Cheesy Whole Grain Breadstick	1.000000000 0000002081 6681712 each	2 grams	14 grams
	Seasoned Potato Wedges	3.00000000 0000006245 0045135 oz	2 grams	21 grams
	Baked Beans	0.50000000 0000001040 83408559 cups	5 grams	30 grams
	Gochujang Alternative	1.00000000 0000002081 6681712 fl oz	1 gram	7 grams
	BBQ Sauce	1.00000000 0000002081 6681712 fl oz	1 gram	14 grams
	Baked Beans	0.500000000 0000001040 83408559 cups	5 grams	30 grams
	Ham & Cheese Panini	1.00000000	2 grams	31 grams

chartwells serving up happy & healthy

Cafeteria managers are your best resource for allergen information! If you have a specific dietary need, please reach out to your cafeteria manager or the Director of Dining Services.

Debra Grossinger DDS, Ext 5157 Karlene Wilson- Elementary Schools, Ext 5555 Jenni Meidam- Menasha High, Ext 4555 or 4127 Meg Juarez- Maplewood Middle, Ext 3555

